



Be kind. Be ambitious. Be the best you can be!

Issue Number 17: Friday 16th January 2026

This week it has been lovely to see some slightly warmer, brighter weather. On Monday, our assemblies focussed on revisiting our school rules, Be Ready, Be Respectful, Be Safe. We looked specifically at what we need to do to achieve each one. During class time, we also looked at how to use zones of regulation to support with managing our feelings. When out and about in school, it has been great highlighting and praising good choices made by all children, such as remembering to say thank you, walking calmly around corridors and playing well with friends. Always lovely to see our children being the best that they can be!

We have been very lucky to have a number of workshops taking place this week. Year 2, 5 and 6 have worked with the NSPCC and Year 3 have worked with NUSTEM where they became Sports Scientists.

Next week, weather permitting, some of our children will be involved in planting trees around the school grounds. Please see page 3 for more info. We are looking forward to taking care of the trees and watching them establish which will provide huge environmental benefits to our school.

Throughout this half term, please keep an eye on dates for your diary as we have a number of parent/carer workshops running. It would be lovely to see you in school.

I hope you have a fantastic weekend.

Mrs Chard

PARENTS EVENING:

This term, parents evening will take place during the week commencing Monday 16th March. Once available, you will be able to sign up on Arbor for your parents evening slot. More information to follow.

SAFEGUARDING – KS2 COLLECTION:

When collecting your child/ren from KS2, please collect from the KS2 yard and not stand on the steps or ramp. This is to ensure a clear walk way for people and also to enable good visibility for teacher's, prior to handing over children.

DATES FOR YOUR DIARY - 2026:

Thurs 19th Feb – last day of term

Fri 20th Feb – training day **school closed**

Mon 23rd – Fri 27th Feb – half term **school closed**

Mon 2nd Mar - back to school

w/c Mon 16th Mar – parent's evenings

Thurs 2nd Apr – last day of term

Fri 3rd Apr – bank holiday **school closed**

Mon 6th – Fri 17th Apr – Easter holidays **school closed**

Mon 20th Apr – back to school

Mon 4th May – Bank holiday **school closed**

**Mon 11th – Thurs 14th May 2026
KS2 SATS – YEAR 6**

Fri 22nd May – last day of term

Mon 25 - Fri 29 May – half term **school closed**

Mon 1st June – occasional day **school closed**

Tues 2nd June – back to school

**Tues 2nd June – 2 weeks Y4
Multiplication checks**

**Mon 8 June – Fri 12th June Y1
Phonic screening checks**

Fri 17th Jul – last day of term

Please note we will continue to send all other dates in a separate email to parents/carers only. These will include dates of trips and events in school.

NUMBER DAY

Next month on 6th Feb, we will be joining schools across the country to celebrate **Number Day**, the NSPCC's nationwide mega-maths event. Our pupils will be taking part in a range of fun, number-based activities that we hope will build confidence, curiosity and problem-solving skills, while celebrating the importance of maths in everyday life.



SAFER INTERNET DAY

We know how much our pupils enjoy spending time online, and we're proud of how computer-literate Parkhead pupils are becoming. We will therefore be marking **Safer Internet Day, 10th Feb**, with a variety of age-appropriate activities to help children learn how to stay safe online. Further information about the activities planned, including how families can support learning at home, will be sent soon.

CHILDREN'S MENTAL HEALTH WEEK:

Place2Be's Children's Mental Health Week 2026 will take place from 9–15 February. The theme this year is "This is My Place", which focuses on helping children and young people feel a sense of belonging. The aim of the week is to support children and young people so they feel safe, valued, and accepted. Throughout the week, we will be taking part in activities linked to the theme to promote positive mental health and wellbeing.



RESIDENTIAL:

We are delighted to be able to offer our next years 'Year 6' children the opportunity to attend a two-night residential visit when they return in September. A separate email has been sent regarding this. A deposit of £20 is required for your child's place on this trip, made payable by Friday 16th January.

NUSTEM WORKSHOP:

This week, year 3 took part in a practical science workshop where children became Sports Scientists. They used real equipment to measure grip strength, heart rate, and jump height, then analysed the results and created performance plans for their athletes. Year 3 and 4 (Maple) will be taking part in the same workshop on 3rd February.

ZONES OF REGULATION:

Zones of Regulation is an approach which supports children in managing their feelings. By categorising the different ways we can feel and states of alertness, children can be supported to identify their own feelings and understand how their feelings can then affect their behaviour.

The ZONES of Regulation®

BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

Continued over.....

BATTLE OF THE BANDS:

This term, we are excited to start our Battle of the Bands across Key Stage Two! The first battle will start on Monday morning and run until Thursday evening. Children will compete against each other and the class with the highest average number of correct answers will be the winner. Every correct answer completed on TTRS will earn points for their class. We'll make sure that the children have an opportunity to play in school but the majority of points will come from practise at home! During celebration assembly on Friday, we will reveal the classes that have won as well as the top three players.



PLANTING PROJECT:

Gateshead Council has teamed up with the Royal Forestry Society and are working with many schools in Gateshead to help protect our planet and tackle climate change. One way they are doing this is by planting more trees on school grounds and we are excited to be taking part in this project.



Next week, on Wednesday 21st January, our Eco ambassadors, School Council and OPaL ambassadors are going to help plant trees on our school grounds with Jessica from the Royal Forestry Society. The trees we will be planting are only 1–2 years old “whips” that are under 1 metre tall.

In assembly, we discussed the importance of looking after the trees. We discussed how we will need to water them regularly, protect them from damage and check on them to make sure they are healthy.

If your child is taking part in the project, a separate letter has been sent.

KLUBZ COLLECTIONS:

Unfortunately we are experiencing a lot of late collections from after school Klubz. Whilst we understand that on occasions this can't be helped due to something out of your control, please can we ask that you are on time for collection of your child/ren. If you are running late, please call Klubz on 0191 4335618 and select the Klubz line to let them know.

We offer two sessions for after school Klubz. These are:

- 3.30 – 4.30pm at £4.00 per child
- 3.30 - 5.30pm at £8.00 per child.

Please note you can collect your child at any time within the session you have booked. Sessions must be booked 7 days in advance. A snack is provided in the later session.

After half term if you have booked your child into after school Klubz but are late for collection on more than one occasion, there will be a late fee of £4.00.

HAIRSTYLE:

A gentle reminder that coloured hair is not allowed in school. Please see below from our school uniform guidance.

Hair, Jewellery and Accessories

- Excessively short/shaved hair as well as any patterned cut / patterned beaded hairstyle or hair colouring is not appropriate/acceptable for school.
- Hair should always be tied back once it approaches shoulder length.
- Pupils should use discrete, plain bobbles and hairbands in school uniform colours.
- For reasons of health and safety, the wearing of jewellery including earrings is not allowed.

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Star of the week

Class	Star
Seedlings	George
Acorns	Harry
Saplings	Darcie
Beech	Holly
Elm	Zach
Willow	Hunter
Cherry	Logan
Maple	Emilia
Spruce	Marley
Cedar	Jayde
Oak	Tyler
Birch	Sam
Pine	Jan

Mrs Chard's Stars of the week	
Early Years	Isaac
Key Stage 1	Rosie
Key Stage 2	Fateh Ethan

CELEBRATING ACHIEVEMENTS OUTSIDE OF SCHOOL:

Today we celebrated **achievements in football**



Parkhead Community Primary School is a safeguarding school and we have a duty to pass on any concerns to Children's Services.