

Parkhead Community Primary School

Weekly News Bulletin



Be kind. Be ambitious. Be the best you can be!

Issue Number 23: Friday 7th March 2025

Week 1 has been an action-packed week in school. It has been lovely having some warmer weather. The children have managed to get out on the field again which has been great. Our new fence is now in place around the outdoor gym so we have been able to use it this week. The children have thoroughly enjoyed trying out the new equipment.

This week we have celebrated careers week by finding out about a range of career options available to us. Some year groups were very lucky to have visitors in school talking about their own careers. We all want to say a big thank you to all of the visitors who gave up their time to talk to us about their careers.

Years 1 and 2 enjoyed a workshop, 'Moneysense' delivered by a couple of staff from Natwest. They thoroughly enjoyed the sessions, where they were shown that there are choices about what we do with money: it can be spent, saved or donated. They also explored the difference between needs and wants.

On Monday, Reverend Alison popped into school to lead out Key Stage 1 and Key stage 2 assembly. She helped us all to understand what Lent means to Christians.

On Thursday, we all celebrated World Book Day, taking part in various fun activities throughout the day. As part of the day we all enjoyed guessing the words we had all dressed up as. Thank you to all the parents/carers who came to our 'Book Day Breakfast'. It was great to use so many of you and the children really enjoyed it.

Year 3 had a very busy day on Thursday as they also took part in their first session, 'Schools Go Smarter' Child Pedestrian Training Programme. The programme aims to teach children important road safety skills, which they can use to keep themselves safe as pedestrians. Their behaviour was exemplary.

I hope you have a great weekend. See you all next week.

Mrs Chard

PARENTS EVENING:

Reminder that parents evening will be taking place next week. If you are having problems booking a slot please contact the school office who will be more than happy to help you to arrange one.



REMINDER:

Recently in school we have been doing a lot of work around how every person is different and unique. As part of this we have been thinking about kindness and the words we use towards others.

However recently we have had some parents who have been upset regarding comments that have been made about their child. Please be mindful of this when you're picking up your child and help support us in promoting respect to one another in our school community.



CLUBS:

Our after school clubs started this week. As always we have had a high demand for the clubs. If your child did not receive a place they will be on the waiting list in case a space becomes available. Please note that clubs will not be running during parents night week.

MINI HEALTH CHAMPIONS:

Mrs Lambert and a group of our Year 5 children took part in a one day mini health champions conference. They will be championing positive health outcomes for all children in our school. There was an inspirational keynote speech before they broke out into smaller groups, rotating through six, 35-minute workshop sessions on: Kindness, Physical Activity, First Aid, Junior Road Safety, Oral Health Champions and Fire Service. They have lots of information and ideas to share with everyone in school.



SCIENCE WEEK:

British Science Week will take place from the 10th of March until the 14th of March, running with the theme of 'Change and Adapt'. Each class will be carrying out different activities linked to this theme so please look on our Facebook page to see what they have been getting up to. All children will also be taking part in a poster competition and our Science and Eco Ambassadors will submit some of their favourite designs.

MONEYWISE WORKSHOPS:

We are very lucky that we have linked up with Natwest in order to take part in a variety of workshops.

Year 1 and 2 completed theirs this week. Next week, Years 3 and 4 will be taking part in 'Super Smoothie Shop' which will introduce them to the concepts of enterprise, buying, selling and budgeting in a series of group activities involving setting up a smoothie shop. Towards the end of March, Years 5 and 6 will take part in 'Fraud Scene Investigators' where they will help to solve a fraud which has been committed against their friend. They will then create and present a report warning others of the dangers of identity theft and fraud.

RED NOSE DAY:

This year, RND takes place on 21st March, its 40th year! Together, let's go big, give big and feel good to help Comic Relief help people get the support they need across the world, including here in the UK. Children can come into school wearing red (or non-uniform – no football strips please) with whacky hair or hats. Some ideas for you are below.

Please click on the following link if you would like to make a donation [Red Nose Day | Comic Relief](#)



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10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.

1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing 'the pause button' buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right front of me?" You could practise this with your child on some made-up tricky situations.

3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

9 BE A GOOD ROLE MODEL

One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



Source: <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>, <https://www.gov.uk/guidance/keeping-children-safe-online>

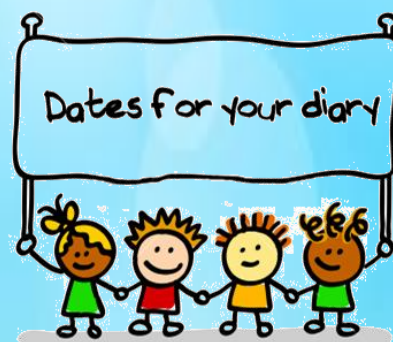
FunClub

WELL DONE to our fabulous Do Jo winners. They have earned their place in fun club by following the school rules and being absolute super stars!



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2025



Mon 10 th - 14 th Mar	Science week
Thurs 13 th March	Y3 Pedestrian Training starts
Fri 14 th March	Y3 /4 Moneysense workshop
Fri 21 st March	Red Nose Day
Wed 26 th March	Dance Festival
Fri 28 March	Y5/6 Moneysense workshop
Wed 2 nd April	KS1 – Easter crafts – sign up details on Operoo
Thurs 10 th April	EYFS - 'Easter/Spring Crafts' - sign up details on Operoo
Fri 11 th April 2025	Last day of term
Mon 14 th – Fri 25 th April	Easter holidays
Mon 28 th April	Back to school
Mon 5 th May	Bank holiday – school closed
Mon 12 th – Thurs 15 th May	KS2 SATs **
Mon 26 th – Fri 30 th May	Half term
Mon 2 nd June	Occasional day – school closed
Tues 3 rd - Fri 13 th June	Y4 Multiplication tables check **
Mon 9 th – Fri 13 th June	Y1 Phonics screening check **
Fri 18 th July	Last day of term

** Important dates



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KLUBZ After School Focussed Activity Timetable – Week Commencing Monday 10th March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Wooden Spoon Creations	Play Doh	Wax Resist Pictures	More Recycling Fun	Making Music

Star of the week

Class	Star
Seedlings	Frankie
Acorns	Beau
Saplings	Aryan
Beech	Hayden
Elm	Harry
Willow	Brooke
Cherry	Riley
Spruce	Leighton & Ellie
Maple	Kuba
Birch	Danny
Cedar	Salma
Pine	Jack

Mrs Chard's Stars of the week	
Early Years	Evelyn
Key Stage 1	Frankie B
Key Stage 2	Evie Noah C

